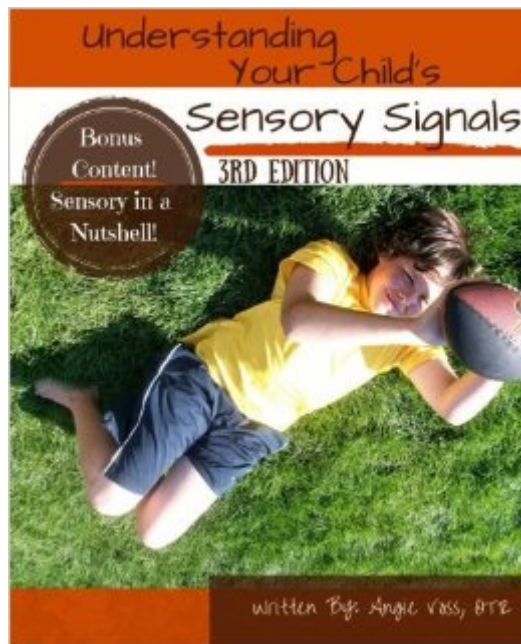


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# Understanding Your Child's Sensory Signals: A Practical Daily Use Handbook For Parents And Teachers



## Synopsis

The 3rd edition is now available, with changes to include a new updated cover and Sensory in a Nutshell! This easy to read, practical application, reference handbook includes over 210 of the most common sensory signals and cues your child may be giving you. PLUS BONUS CONTENT...Sensory in a Nutshell! Just a little bit more, but not too much to overwhelm you. This practical, daily application handbook is helping parents, teachers, and caregivers all over the world to understand sensory signals and cues from a child rather than jumping to the conclusion of behavior driven. This user friendly "go to" handbook is geared for daily use and as a quick sensory reference guide designed to work hand in hand with ASensoryLife.com, where you can find printable handouts, sensory how-to videos, sensory tools and equipment ideas and links, as well as a sensory ideas on a budget. Enjoy the simple, organized format to give you the essential and useful information to respond to the child's sensory needs right on the spot! The handbook provides simple every day sensory strategies and techniques to help ALL children; including SPD, autism spectrum disorders, ADD/ADHD, APD, and developmental disabilities. This handbook provides guidance and understanding as to why children do what they do in regards to unique sensory processing differences and needs. When you respect a child's sensory differences, it will change how you respond. Keep it Real. Keep it Simple. Keep it Sensory!

## Book Information

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## Customer Reviews

Love this book it is a must have for anyone wishing to understand Sensory Processing Disorder. I am a busy mom of four adopted SPD children they are ages 4,3,2,1 with my busy family I do not

have a lot of down time to read. This book is so easy to understand and quick to find answers. This is a game-changer to understanding our kids and their sensory signals. I LOVE this book it changes the way we react to our little ones. I would run around trying to stop the behaviors instead of offering alternatives to get the same sensory input. This is a must have book for anyone raising kids with SPD or family who wants to understand our SPD kids. Thanks Angie Voss and to my children's wonderful OT that recommended this book to me you are changing lives!

This book is amazing! As an educator and a parent of a child with sensory issues, it's so refreshing to read a book that is easy for everyone (parents, professionals, educators, family members) to follow and understand. This book is my go to sensory bible. Whenever I struggle to understand my daughter's sensory signals, I open this book, turn to the exact page I'm looking for, read why she may be demonstrating a specific signal, what sensory sensation she's seeking, and tips to help her cope. I cannot say enough good things about this book. I've even had my family members read some of the sensory signals that my daughter exhibits and because this book doesn't read like a textbook, they were willing to pick it up and digest the information. A definite must have in your collection if you're struggling to understand the reasons behind a child's sensory challenges.

This book was so helpful! The first SPD book my exhausted, sleep deprived mind was able to get through and actually get something out of it! I love how it's formatted, just a quick browse for a specific behavior and I know what is really going on underneath the symptom (behavior) and how to better help my son. I highly recommend this to anyone who knows, loves, or works with a sensory kiddo.

I had "the out of sync child" for two months in my house and I had to return the book to the library because I just read the first pages (no time with 2 special kids). I read this book in one day! MEGA LOVE IT! thanks so much! So easy and practical!

Every child has some sensory issue or another but they are not always pronounced. Then there are those kids whose lives are turned upside down in a moment, feet above their heads due to the difficulties they have in processing sensory cues. And still others who under register sensory signals or don't seem to receive them at all. And all sorts in between. If you have a child with significant sensory deficits or delays then you know what I'm talking about and you've come to the right place for some help. This book is a godsend. A goldmine. And it's for you. The book is behaviorally specific

and is broken down by brief but descriptive behaviors (such as "rubs zippers on pillows" or "reacts to the smell of air fresheners"), approximately 200 of them, that one can look at and then read a short synopsis of why the behavior may or is likely happening followed by 4-8 suggestions on how the parent/ caretaker can help the child deal with that particular sensory signal. While the ideas to help really begin to repeat themselves they are still a great value and organized as a quick and beneficial reference tool. (Some of the ideas to help are as simple as reminding us that even if the behavior annoys us it can still be okay for them to do and help them emotionally regulate themselves.) And that's the book (there's the table of contents that is stylized as an index of behaviors). A lot of people that I know could benefit from this. And while this is written primarily toward the parent this book is an excellent resource and should be found in nursery schools, Sunday schools, elementary schools, and other places where people have to have a lot of contact with kids. Dentist's office, children's ward in a hospital. You name it. And if you didn't know what words like "proprioceptive" and "vestibular" mean, you'll be increasing your vocabulary, so prepare yourself.

I haven't even read the whole book yet but already i am using some of the suggestions and they are making my daughter's life easier, and mine too! Definitely worth reading, especially if you are just starting to learn about sensory signals. I didn't know anything about sensory signals at all before reading this book. Now i'm discovering that some of the things that i thought were discipline issues are really just sensory issues and now i can work around them. Bath time is sooo much easier now! Thank you for this book!

This book is a must have for any parent, grandparent, or care giver to a child with Sensory Processing difficulties! Written in clear and consise terms, this book can be read and understood by everyone. The format of this book is by far the best format of any sensory book I have ever read. The format allows you to quickly refer to the section that pertains to your child's sensory signal, get an idea of what to do to help him/her, and then proceed to help quickly and efficiently. As the parent of a child who was diagnosed with Sensory Processing Disorder 2 years ago, I have read almost every book on the topic that is available, with this book being my favorite!

I'd recommend this to anyone that works with or cares for kids or others on an ongoing basis: parents, therapists, teachers, caregivers, etc. we all have little quirks that can be helped by this book, if one wanted help for those quirks, and I really can't think of a quirk that isn't covered

here. The information and tactics in this book are essential for caring for those with ASD, ADHD, SPD, and ODD, or similar disorders or symptoms. I'll be referring to it again and again. It is a good book to own, rather than to borrow.

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